



PERMANENT EYELINER/LASH ENHANCEMENT AFTER CARE INSTRUCTIONS & WHAT TO EXPECT

AFTER CARE INSTRUCTIONS

Please follow these instructions after the procedure to improve and prolong the results of your permanent eyeliner/lash enhancement. If you don't follow these instructions, it can greatly affect your results or put you at risk for infection or scarring or loss of pigmentation!

Items you will need for immediately after the procedure: sterile cotton balls/pads, bottled water
Do not get your liner directly wet; water, ocean, pool, sweating or any other liquids for **10 days** after the treatment. Even a small drop which seems unimportant may expand the wound / possible infections / excessive scabbing may appear, and you may ruin the results. No sweating (of any kind), gym, yoga, swimming for the 10 days.

Cleansing: clean the area with a small amount of sterile water on a cotton pad before you go to bed and after the procedure followed by a thin layer of Aquaphor ointment. This will help remove any excess lymph, blood and pigment that may appear after the procedure (will be given to you in your take home kit).

In the morning, wash with small amount of sterile water again using the damp cotton ball. Blot dry and apply a thin coat of Aquaphor ointment (less is more!). Rinse and apply the ointment at least (3) times throughout the day. Do not use any type of make-up or foundation close to the area.

- Do nothing but clean gently with sterile water several times a day. Let your eyeliner breath and heal. Do not scratch or rub it. **Wait at least four (4) days before applying mascara.** A 'new' mascara is recommended as old mascara contains bacteria.
- Do not use other ointments, cream with vitamins or antibiotics during the healing process.
- No sunbathing or tanning for 4 weeks. No direct sun exposure.
- Smoking WILL cause the pigment to fade prematurely and anesthetics will not last as long.
- DO NOT USE growth enhancement products such as Latisse, Revitabrow, Grande-Lash, one month prior and after treatment has fully healed as it may shift your color.
- In the first two weeks after the treatment avoid swimming pools, sunbathing, tanning beds (no sun or tanning for 30 days), sauna, beauty treatments, and intense training accompanied by sweating (sport activities), and avoid contact with dirt/dust, fertilizer.
- If you are due to give blood after the procedure, please inform your nurse about the permanent makeup treatment you have had as this might alter the results.
- **Call or email Indiglo Med Spa with any questions or concerns — (920) 491-9080 — contact@indiglomedspa.com**

WHAT TO EXPECT

Initially, your eyeliner will appear more bold than usual. This is because we have enhanced the lash line, deposited pigment in the skin and made it appear fuller. Over the next few days after the procedure, your permanent makeup may darken during the healing process. This is normal and this is not the way it will necessarily remain. Around 4-10 days, you MAY notice some flaking/shedding of the skin near the area. Once you go through a skin cycle (4-6 weeks) the pigment will appear as it should for the next several months depending on individual's fading factors.